8:45, 9:45, 11:00am April 14, 2024 *stand as you are able

> Thaxted arr. Ian Gill and Rick Holt **FUMCOR** Percussion Ensemble Candice Holcomb, cello; Ian Gill, guitar

Children's Time

Scripture Ephesians 4:25-5:1 (8:45) Kevin Burns (9:45, 11:00) Dr. Flanagan

This is the Word of the Lord. Thanks be to God.

Sermon How Can I Help: How can I help people process anger?

Averie Snyder

Invitation to Christian Discipleship Rev. Jean

*Closing Hymn #553 And Are We Yet Alive (stanzas 1, 3, 4 & 5)

Reception of New Members Rev. Jean

*Sending Forth Rev. Jean

Postlude (8:45) Antoine Spencer, piano (9:45, 11:00) Celebration Charles Callahan Dr. Lee, organ

Ready to join our church family?

Come forward to meet the pastor during the singing of the closing hymn or meet a staff member following the worship service at the Welcome Desk.

Holy Communion is available in Ogden Fellowship Hall East at 12pm.

People of all ages lead in our worship services. We are thankful for our 5th-7th graders who serve as acolytes in our 8:45 and 11:00 services.

Flowers in the Sanctuary are given to honor the life and memory of Alyssa Ann Little today on her 36th birthday. We love you and miss you always and forever by her family.

Extend your worship experience by thinking about or discussing these questions.

- 1. Meditate on the phrase, "Be angry, but do not sin," from Ephesians 4:26. What would it look like in your life to allow yourself to experience anger without moving into sin?
- 2. Think about a recent time you experienced anger. If you were to dig deeper, what other emotions were present in that moment? How might the Holy Spirit help you address what is underneath your anger?
- 3. In Ephesians, Paul is calling Christians to let go of their "pre-Jesus life" and live as imitators of God (Eph 5:1). When someone in your life expresses their anger to you, what one response can you commit to that will "give grace to those who hear" (Eph 4:29)?

Greeting Rev. Allison Jean

*Opening Hymn #529 How Firm a Foundation

*Call to Worship (8:45) Kevin Burns (9:45, 11:00) Dr. Dan Flanagan

God of Creation, you have made us as full human beings, bearing your image.

Let us embrace the fullness of our experiences.

Jesus the Christ, you know what it is to feel the fullness of human emotions, hope and joy, anger and grief.

Our emotions push us past the point of recognition. We do not know ourselves. And yet, you see and know us more deeply than we can imagine.

Holy Spirit, constant guide, you do not abandon us in our time of need.

When we wish to run away from our thoughts and emotions, open our eyes to your presence. When we must confront our feelings, remind us we are never alone. Guide us on this path of life, embracing the image you have placed within us. When all else changes, you remain steadfast. Amen.

Special Music

Prelude

(9:45, 11:00) Show Us How to Love Mark Miller Chancel Choir; Madeline Beluso, soloist Michael Lightfoot, director Dr. Hyun Lee, accompanist

Rev. Pavielle Jenkins

Time of Prayer/The Lord's Prayer

Our Father, who art in heaven,

hallowed be thy name.

Thy kingdom come,

thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever. Amen.

Offering Our Gifts to God

(8:45) Just a Closer Walk with Thee arr. Kenneth Morris Ukulele Choir; Todd Toney, bass Ian Gill and Kim O'Neil, directors (9:45, 11:00) I Choose Love Mark Miller Chancel Choir; Sammi Kimble, soloist

Welcome! We're glad you're here!

We invite you to find your next great opportunity for serving, spiritual growth, developing friendships, and doing the things you love with us.

Have questions or want help connecting?

Contact Julie Dean at jdean@fumcr.com or 972-996-0156

EXPLORATORY COMMITTEE SEEKS INPUT

Share your thoughts about the FUMCR campus and help us dream for our future.

fumcr.com/explore

MORE THAN SUNDAY PODCAST - SEASON 9

New episode now available!

The new season of the More Than Sunday podcast is partnering with Austin Street Center to better understand homelessness, advocacy, and empowerment. Available at YouTube.com/FUMCR and anywhere you get your favorite podcasts.

BLOOD DRIVE

TODAY, 8am-12:30pm, FUMCR Parking Lot The Carter BloodCare bus is here! Check availability online. fumcr.com/blooddrive

EARTH DAY LUNCH

TODAY, 12pm, Coleman Family Hall
Celebrate God's creation of the earth with lunch
and presentation by Tracy Wallace, founder of
Green Careers Dallas/Texas. Tlckets at door.
Cost: \$5 per person or \$20 max per family.

FUMCR AT THE BALLGAME

TODAY, 4pm, Riders Field (7300 RoughRiders Tr.) FUMCR is going to a RoughRiders ballgame! Tickets: \$5 Register at fumcr.com/ballgame or get tickets at the Welcome Desk.

GENERAL CONFERENCE INFO SESSION

Apr 16, 6-7:30pm, Worship & Arts
Delegates Dr. Clayton Oliphint and Shandon
Klein will present information about the
upcoming General Conference of the UMC.

CREATING COMMUNITY: 30s & 40s

Apr 18, 7-8:30pm, Mays Hall Singles and couples in their 30s and 40s are invited to build relationships, community, and connections.

FRIDAY FOR THE FELLAS

Apr 19, 7:45-9am, Ogden Fellowship Hall Join us for breakfast, encouragement, and fellowship. Guest speakers from Texas' Prisoner Entrepreneurship Program. All welcome.

DISCOVER FUMCR

Apr 21, 9:45-10:45am, Rm. 211

New to FUMCR, have questions, or want to get more connected? Come ask your questions, learn more, and plan next steps.

SERVICE OF HOPE

Apr 21, 5pm, Sanctuary & Livestream In the changing seasons, the sense of loss can be profound. We look to God for light, comfort, and the Spirit's presence.

ENNEAGRAM: DISCOVER YOUR NUMBER

Apr 27, 9am-3:30pm, Ogden Fellowship Hall Discover a new way to understand yourself and others, learn information to make positive changes in your life, and cultivate a culture of connection. \$75, includes lunch and materials

COOKIE CAPER BAKERS NEEDED

Drive-by Drop-off: Sat, Apr 27, 11am-3pm Purchase: Sun, Apr 28, 8:15am-12:45pm Your homemade cookies help raise funds for building and medical supplies for mission trips. Sign up online! fumcr.com/cookie

For more event information or registration, and for ways to serve, please visit **fumcr.com/events** and **fumcr.com/serve**







